

St Alban's Hindhead

Vicar: Revd Richard Bodle (01428 605305)

vicar@stalbanshindhead.org.uk

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Jung Daruvala (01428 607460)

wardens@stalbanshindhead.org.uk

Parish Office (vestry): (01428 607818)

admin@stalbanshindhead.org.uk

Open on Tuesdays and Fridays (working from home)

Hall Bookings: (01428 607818)

hall@stalbanshindhead.org.uk

Hall phone number: 01428 608989

Safeguarding Officer : Jacqui Maybury (07740078714)

safeguarding@stalbanshindhead.org.uk

Website: stalbanshindhead.org.uk

Twitter: @StAlbansGU26

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Instagram @stalbanshindhead

St John the Evangelist Churt and Rushmoor

Resident Minister: vacant

Parish Office: Working from home.

(01428 713368) E-mail: admin@stjohnchurt.org.uk

WELCOME FORM

If you are new please complete and give to a welcomer or the clergy.

Name(s) _____

Address _____

Phone number _____



United Benefice of Churt and Hindhead

Welcoming Everyone | Following Jesus | Sharing Life

Notice Sheet for Sunday 21st February 2021 The First Sunday of Lent

Message from the vicar:

Dear Friends, Over the past year, we might have experienced a range of emotions. Maybe including fear, as we struggle with the pandemic; sadness as we face the terrible statistics; and joy about the vaccines. Let us be honest about our feelings and allow others to be honest too. On the days we feel 'up', others may be in the depths of despair, and vice versa. As we look at Emotional Wellbeing this week, let us thank God that his presence does not depend on our changing feelings, but on his unchanging promises. Best wishes, Richard

Diary for this week:

Junior Church will be broadcast at 9am on [our YouTube channel](#). We will be thinking about Emotional Wellbeing on the Wellbeing Journey.

Our 10.30am service will be online at 10.30am on [our YouTube channel](#), followed by Zoom refreshments and a time to catch up with others.

St John's is open for private prayer and quiet reflection for the Benefice on Sundays from 11.30am to 12.30pm.

Wednesday 24th February: 1.00-2.00pm Online Life Group–The Wellbeing Journey.

Wednesday: Compline on Zoom (9.00pm). Join us for a short time of night prayer each Wednesday evening. A time to still, restore and re-focus ourselves.

Thursday 25th February: 8.00-9.00pm Online Life Group–The Wellbeing Journey. All are very welcome to join.

Friday: Prayer meeting on Zoom (9.00am).

All links to any of our Zoom meetings are available from the office admin@stalbanshindhead.org.uk

Noticeboard.

The 'Wellbeing Journey'

This week:

- 1) **WATCH** the talk in our online Sunday service.
- 2) **READ** the daily Week 3 in 'God's Plan for Your Wellbeing' by Dave Smith : 'Emotional Wellbeing'
- 3) **COME ALONG** to a midweek meeting on Wednesday at 1pm or Thursday at 8pm.
- 4) You can also watch a sermon on Emotional Wellbeing by Dr Roger Bretherton, who is featured in the course here:

https://www.youtube.com/watch?v=r0ETVr_gHlw&feature=emb_logo

We are here for you. If you would like to talk to someone, we have a great Pastoral Team who are there to come alongside you, listen and encourage you. If you would like to be put in touch with someone, please contact Richard and a member of the Pastoral Team to contact you.

Trolley Tuesday The box will be available for donations outside the church from 9am –1pm on Tuesday. The Food bank particularly needs jam, tinned fruit, rice, hot chocolate, bar soap, custard, couscous, tinned potatoes, laundry detergent and cleaning sprays this week. Thank you for continuing to give, it is greatly appreciated.



0800 804 8044

Daily Hope is a free telephone line launched by the Church of England, Faith in Later Life and Connections @ Holy Trinity Church in Claygate. It includes Hymns, reflections and prayers, Chair Exercises on the phone and Sleep Well with Hope. It is aimed at reaching out to help and support older people, providing them with hope and comfort. If you know anyone who may benefit from this do let them know.

World Day of Prayer St Peter's Church in Wreclesham is hosting this year's World Day of Pray virtually in the Farnham Deanery. It will be livestreamed at 10.30am on Friday 5th March. There is a welcome from Gail, Farnham's Organiser [here](#). The service can be accessed via the St. Peter's website on 5th March for the service: <https://cofewreclesham.org.uk/world-day-of-prayer/>

Readings: Colossians 3:12-17

PRAYER

The Collect: Almighty Father, whose Son Jesus Christ fasted for forty days in the wilderness, and was tempted as we are, yet without sin: give us grace to discipline ourselves in obedience to your Spirit; and, as you know our weakness, so may we know your power to save; through Jesus Christ your Son our Lord, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. Amen

A prayer at a time of continuing uncertainty

O God, help me to trust you, help me to know that you are with me, help me to know that nothing can separate me from your love revealed in Jesus Christ our Lord. Amen

Our weekly prayer focus:

Please pray at 10:10 each day that we will fulfil our mission: 'Welcoming Everyone. Following Jesus, Sharing Life.' (in John 10:10 Jesus said 'I have come to give you life in all its fullness').

Please Pray:

Sunday Give thanks for..... (something you are grateful to God for).

Monday For the Prime Minister and the Government as they decide the way forward for our nation.

Tuesday For freedom from fear.

Wednesday For fairness in distribution of Covid-19 vaccines world wide.

Thursday For all those Christians who are imprisoned or persecuted for their faith.

Friday For someone we know who needs God's help today.

Saturday With thanks for.....(someone you are grateful for).



Can we pray for you?



If you are in need to prayer please contact the prayer team either Irene Newton 609807 to be included in the daily prayer list for ongoing needs,

or urgent prayer: please text 07896 797104 or 607460 and Jung or Linda will pass on your request to our confidential WhatsApp group quickly and accurately.